










OBSTACLE COURSE PLANNER



Plan it. Build it. Move it. Have fun! ★

1 PLAN YOUR COURSE

Choose activities for your obstacle course and plan the order. Draw your course below using arrows to show the path.

START 	1. JUMP  How will you jump? _____ _____	2. CRAWL  How will you crawl? _____ _____	3. BALANCE  How will you balance? _____ _____	4. THROW  What will you throw? _____ _____	5. RUN  How will you run? _____ _____	FINISH 
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MY COURSE MAP

START

FINISH

2 MY EQUIPMENT

Tick the equipment you will use. You can also draw any other equipment you need.

CONES  <input type="checkbox"/>	BALLS  <input type="checkbox"/>	CHALK  <input type="checkbox"/>	CUSHIONS  <input type="checkbox"/>	HOOPS  <input type="checkbox"/>	SKIPPING ROPE  <input type="checkbox"/>	CHAIRS  <input type="checkbox"/>	OTHER _____ _____ _____
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3 REFLECTION TIME

Answer the questions below.

★ Which part was the hardest?



Thinking helps me improve!

♥ Which part was the most fun?



I love being active!

💡 What would you change next time?



I can make it even better!



Be safe, be kind, and have fun moving!



Wear suitable shoes



Drink water



Take turns and encourage others