

YEAR 10

TERM 1 PLANNER

ADDITIONAL CORE SUBJECTS



TERM 1 THEME

Building Personal Awareness & Creative Expression

Develop wellbeing, communication and creative skills while building independence and confidence.



FOCUS

Develop wellbeing, communication and creative skills while building independence and confidence.



PDHPE

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|----------------|---|
| Week 1 | <ul style="list-style-type: none"> Health and wellbeing Influences on lifestyle choices |
| Week 2 | <ul style="list-style-type: none"> Relationships and respect Communication skills |
| Week 3 | <ul style="list-style-type: none"> Mental health awareness Managing stress |
| Week 4 | <ul style="list-style-type: none"> Resilience and coping strategies Decision making |
| Week 5 | <ul style="list-style-type: none"> Nutrition and lifestyle Healthy choices |
| Week 6 | <ul style="list-style-type: none"> Physical activity and fitness Goal setting |
| Week 7 | <ul style="list-style-type: none"> Safety and risk management Real-life scenarios |
| Week 8 | <ul style="list-style-type: none"> Substance use and decision making Understanding consequences |
| Week 9 | <ul style="list-style-type: none"> Identity, values and goals Personal development |
| Week 10 | <ul style="list-style-type: none"> Review and reflection Wellbeing planning |



CREATIVE ARTS

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|----------------|--|
| Week 1 | <ul style="list-style-type: none"> Exploring ideas and inspiration Visual language |
| Week 2 | <ul style="list-style-type: none"> Techniques and materials Skill development |
| Week 3 | <ul style="list-style-type: none"> Developing style and voice Experimentation |
| Week 4 | <ul style="list-style-type: none"> Analysing artworks Meaning and context |
| Week 5 | <ul style="list-style-type: none"> Planning major work Concept development |
| Week 6 | <ul style="list-style-type: none"> Creating and refining Applying techniques |
| Week 7 | <ul style="list-style-type: none"> Expressing ideas Communication through art |
| Week 8 | <ul style="list-style-type: none"> Presentation and display Preparing work |
| Week 9 | <ul style="list-style-type: none"> Evaluating and reflecting Improving work |
| Week 10 | <ul style="list-style-type: none"> Showcase and celebrate Final reflection |



LANGUAGES

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|----------------|---|
| Week 1 | <ul style="list-style-type: none"> Introductions and communication Personal information |
| Week 2 | <ul style="list-style-type: none"> Daily routines and lifestyle Speaking practice |
| Week 3 | <ul style="list-style-type: none"> Family and relationships Describing people |
| Week 4 | <ul style="list-style-type: none"> Food, culture and preferences Expressing opinions |
| Week 5 | <ul style="list-style-type: none"> Shopping and services Real-world scenarios |
| Week 6 | <ul style="list-style-type: none"> Travel and directions Asking and giving information |
| Week 7 | <ul style="list-style-type: none"> Culture and traditions Understanding diversity |
| Week 8 | <ul style="list-style-type: none"> Reading and responding Interpreting texts |
| Week 9 | <ul style="list-style-type: none"> Writing and creating Structured responses |
| Week 10 | <ul style="list-style-type: none"> Review and reflection Consolidating skills |



BE CURIOUS

Ask questions and explore new ideas.



THINK DEEPLY

Analyse, connect and problem solve.



STAY ORGANISED

Plan ahead and manage your time.



ASK FOR HELP

You don't have to do it alone.



KEEP GOING

Small steps lead to big achievements.

YEAR 10

TERM 2 PLANNER

ADDITIONAL CORE SUBJECTS



TERM 2 THEME

Applying Skills & Building Independence

Apply learning in real-life contexts, strengthen decision-making and develop confidence across wellbeing, creativity and communication.



FOCUS

Apply learning in real-life contexts, strengthen decision-making and develop confidence across wellbeing, creativity and communication.



PDHPE

Week 1

- Relationships and communication
- Building healthy connections

Week 2

- Consent and boundaries
- Respectful decision making

Week 3

- Mental health strategies
- Managing emotions

Week 4

- Stress, time and responsibilities
- Balancing commitments

Week 5

- Nutrition and body systems
- Making informed choices

Week 6

- Physical activity and performance
- Fitness planning

Week 7

- Safety in the community
- Risk awareness

Week 8

- Substance use and influences
- Evaluating choices

Week 9

- Personal strengths and values
- Identity and growth

Week 10

- Review and reflection
- Planning next steps



CREATIVE ARTS

Week 1

- Sources of inspiration
- Exploring themes

Week 2

- Developing ideas
- Concept building

Week 3

- Techniques and refinement
- Skill development

Week 4

- Analysing and responding
- Meaning and interpretation

Week 5

- Planning major work
- Structuring ideas

Week 6

- Creating and developing
- Applying techniques

Week 7

- Refining and improving
- Problem solving

Week 8

- Presentation and performance
- Audience awareness

Week 9

- Evaluating and reflecting
- Improving outcomes

Week 10

- Showcase and celebrate
- Final reflection



LANGUAGES

Week 1

- Daily routines and school life
- Speaking confidently

Week 2

- Free time and interests
- Expressing preferences

Week 3

- Family and relationships
- Describing experiences

Week 4

- Food and culture
- Giving opinions

Week 5

- Shopping and services
- Real-world communication

Week 6

- Travel and transport
- Asking for directions

Week 7

- Describing places and plans
- Future intentions

Week 8

- Opinions and reasoning
- Justifying ideas

Week 9

- Reading and responding
- Interpreting texts

Week 10

- Review and reflection
- Consolidating language skills



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THINK DEEPLY

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YEAR 10 TERM 3 PLANNER

ADDITIONAL CORE SUBJECTS



TERM 3 THEME

Growing Confidence & Preparing for the Future

Build resilience, express ideas creatively and communicate with purpose across cultures.



FOCUS

Strengthen personal skills, explore opportunities and prepare for future pathways with independence and purpose.



PDHPE

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|----------------|---|
| Week 1 | <ul style="list-style-type: none"> • Healthy relationships • Building and maintaining trust |
| Week 2 | <ul style="list-style-type: none"> • Consent and respectful choices • Peer pressure and assertiveness |
| Week 3 | <ul style="list-style-type: none"> • Mental health and help-seeking • Coping with challenges |
| Week 4 | <ul style="list-style-type: none"> • Stress management • Positive thinking |
| Week 5 | <ul style="list-style-type: none"> • Nutrition for energy and performance • Balanced lifestyle |
| Week 6 | <ul style="list-style-type: none"> • Physical activity and wellbeing • Personal fitness goals |
| Week 7 | <ul style="list-style-type: none"> • Road safety and responsible choices • Community safety |
| Week 8 | <ul style="list-style-type: none"> • Substance use and the law • Making responsible decisions |
| Week 9 | <ul style="list-style-type: none"> • Future goals and pathways • Building resilience |
| Week 10 | <ul style="list-style-type: none"> • Review and reflection • Action plan for wellbeing |



CREATIVE ARTS

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|----------------|---|
| Week 1 | <ul style="list-style-type: none"> • Exploring contemporary artists • Inspiration and influence |
| Week 2 | <ul style="list-style-type: none"> • Developing concepts • Visual brainstorming |
| Week 3 | <ul style="list-style-type: none"> • Techniques and media • Extending skills |
| Week 4 | <ul style="list-style-type: none"> • Analysing artworks • Interpreting meaning |
| Week 5 | <ul style="list-style-type: none"> • Planning and designing • Experimenting with ideas |
| Week 6 | <ul style="list-style-type: none"> • Creating and developing • Refine and enhance |
| Week 7 | <ul style="list-style-type: none"> • Problem solving in artwork • Creative solutions |
| Week 8 | <ul style="list-style-type: none"> • Presentation and exhibition • Preparing final pieces |
| Week 9 | <ul style="list-style-type: none"> • Evaluating and reflecting • Artist statement |
| Week 10 | <ul style="list-style-type: none"> • Showcase and celebrate • Final reflection |



LANGUAGES

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|----------------|---|
| Week 1 | <ul style="list-style-type: none"> • School life and subjects • Talking about learning |
| Week 2 | <ul style="list-style-type: none"> • Hobbies and interests • Describing and comparing |
| Week 3 | <ul style="list-style-type: none"> • Friends and social life • Past experiences |
| Week 4 | <ul style="list-style-type: none"> • Food, restaurants and culture • Ordering and expressing opinions |
| Week 5 | <ul style="list-style-type: none"> • Travel and accommodation • Making bookings |
| Week 6 | <ul style="list-style-type: none"> • Future plans and goals • Talking about careers |
| Week 7 | <ul style="list-style-type: none"> • Global issues and environment • Sharing ideas and solutions |
| Week 8 | <ul style="list-style-type: none"> • Reading authentic texts • Understanding main ideas |
| Week 9 | <ul style="list-style-type: none"> • Writing for different purposes • Structuring and improving |
| Week 10 | <ul style="list-style-type: none"> • Review and reflection • Building confidence in communication |



BE CURIOUS

Ask questions and explore new ideas.



THINK DEEPLY

Analyse, connect and solve problems.



STAY ORGANISED

Plan ahead and manage your time.



ASK FOR HELP

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KEEP GOING

Small steps lead to big achievements.

YEAR 10 TERM 4 PLANNER

ADDITIONAL CORE SUBJECTS



TERM 4 THEME

Consolidating Learning & Looking to the Future

Consolidate knowledge, celebrate growth and prepare for future pathways with confidence.



FOCUS

Reflect on learning, set meaningful goals and apply skills to make positive choices for the future.



PDHPE

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|----------------|---|
| Week 1 | <ul style="list-style-type: none"> Review key concepts Personal strengths and growth |
| Week 2 | <ul style="list-style-type: none"> Healthy relationships Maintaining positive connections |
| Week 3 | <ul style="list-style-type: none"> Mental wellbeing and self-care Managing change |
| Week 4 | <ul style="list-style-type: none"> Goal setting and motivation Staying on track |
| Week 5 | <ul style="list-style-type: none"> Nutrition and long-term health Sustainable choices |
| Week 6 | <ul style="list-style-type: none"> Physical activity for life Building healthy habits |
| Week 7 | <ul style="list-style-type: none"> Safety and responsible behaviour Preparing for the future |
| Week 8 | <ul style="list-style-type: none"> Substance use and future choices Making informed decisions |
| Week 9 | <ul style="list-style-type: none"> Pathways, careers and aspirations Planning for success |
| Week 10 | <ul style="list-style-type: none"> Review and reflection Celebration and wellbeing plan |



CREATIVE ARTS

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|----------------|---|
| Week 1 | <ul style="list-style-type: none"> Review and celebrate learning Reflecting on growth |
| Week 2 | <ul style="list-style-type: none"> Developing personal style Creative voice |
| Week 3 | <ul style="list-style-type: none"> Advanced techniques Refining skills |
| Week 4 | <ul style="list-style-type: none"> Responding to artists Analysing and interpreting |
| Week 5 | <ul style="list-style-type: none"> Planning final artwork Concepts and ideas |
| Week 6 | <ul style="list-style-type: none"> Creating and refining Bringing ideas to life |
| Week 7 | <ul style="list-style-type: none"> Problem solving and innovation Creative challenges |
| Week 8 | <ul style="list-style-type: none"> Preparing final pieces Presentation and display |
| Week 9 | <ul style="list-style-type: none"> Evaluating and reflecting Artist statement |
| Week 10 | <ul style="list-style-type: none"> Exhibition and celebration Looking ahead |



LANGUAGES

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|----------------|--|
| Week 1 | <ul style="list-style-type: none"> Review and recap key topics Talking about progress |
| Week 2 | <ul style="list-style-type: none"> Future plans and ambitions Career and pathway vocabulary |
| Week 3 | <ul style="list-style-type: none"> Global communities Issues and perspectives |
| Week 4 | <ul style="list-style-type: none"> Travel and experiences Sharing stories |
| Week 5 | <ul style="list-style-type: none"> Media and technology Discussing impacts |
| Week 6 | <ul style="list-style-type: none"> Cultural diversity Respect and understanding |
| Week 7 | <ul style="list-style-type: none"> Project work and presentations Research and communication |
| Week 8 | <ul style="list-style-type: none"> Reading, writing and speaking Consolidating skills |
| Week 9 | <ul style="list-style-type: none"> Practice and feedback Exam-style tasks |
| Week 10 | <ul style="list-style-type: none"> Review and reflection Celebrating achievements |



BE CURIOUS

Ask questions and explore new ideas.



THINK DEEPLY

Analyse, connect and think critically.



STAY ORGANISED

Plan ahead and manage your time.



ASK FOR HELP

You don't have to do it alone.



KEEP GOING

Small steps lead to big achievements.



PREPARE FOR YOUR FUTURE

Set goals, stay positive and take charge of your journey.