

Name: _____

YEAR 1 PDHPE

Date: _____










MY EMOTIONS



★ Look at each picture.
Circle the emotion that matches how the child might feel.



What is happening?		How might the child feel?					
1	 He dropped his ice cream.						
2	 She finished her picture.						
3	 He has a test tomorrow.						
4	 She got a surprise gift.						
5	 Her friend said they can't play today.						
6	 He is taking deep breaths.						

★ Draw a time you felt one of these emotions. What happened?

